



# Lake Munmorah Public School

## Term 2 Week 8



Personal Best

### Principal's Report

It has been a very big week this week with many of our students competing at competitions in public speaking and sport.

Lake Munmorah Public School students competed at the Multicultural Public Speaking local final at Gorokan PS. Well done to Ivy T, Jasper C, Bella W and Chloe P who proudly represented our school in the competition.



### Sporting Achievements

Mrs McLeod and Miss Curtis took the boys and girls soccer teams to Budgewoi Soccer Club to compete in a Gala Day. Please see the sports report later in the newsletter about their achievements. It is wonderful to see the outstanding sportsmanship and excellent behaviour displayed by both teams.

Congratulations to Hunter S, who was successful in being selected for the Sydney North team for Touch Football.

### The After School Klub (TASK) at Lake Munmorah PS

Please keep an eye out for updates regarding the new OOSH provider for LMPS. TASK will commence operating on Monday 12th July, 2021, just in time for the new school term. The service will be open on the School Development Day for families, and will be providing before and after school care from then on.

Registration will open soon.

There will be **NO VACATION CARE** at LMPS over the coming holidays. Please contact Camp Australia for alternate venues providing Vacation Care for our students.

Responsibility

Respect



### **Carpark Update**

The long awaited car park at the front of the school will be opening in the coming weeks. I understand the council are waiting on parking barriers being put in place and some fencing to be erected. Once this is complete, the carpark will be opened for our families to use.

**Narelle Baldwin**  
**Principal**

### **LMPS Sport Update**

Wow! What a jam-packed week of sport at Lake Munmorah! On Wednesday, Hunter (6W) and Rubee (6J) trialed for the Sydney North Touch Football teams in Narrabeen. From all reports they performed with grit and great spirit. Unfortunately, Rubee just missed out on a position. However, Hunter was selected and will compete for Sydney North at the state cup in Term 3. Well done, Hunter. We wish you all the best!

On Thursday, our girls and boys soccer teams competed in their respective gala days. The girls had an excellent first game, coming back from 3-0 down to win 5-3! Amazing! They did go on to lose their second game to Gwandalan PS. Ms Curtis reports that each girl showed great sportsmanship. Our boys team won their first game against Budgewoi 4-2 and their second game vs Northlakes 5-4. Unfortunately, they did lose to a great Warnervale side 6-0 in their final game. A huge thank you to Mrs McLeod for organising a very successful and smooth day. The students and I appreciate your hard work.

Our Stage 3 Rugby league team is competing at the Central Coast Classic Shield gala Day today. The boys have shown excellent teamwork and hard word during our training sessions and are determined to come away with a good result. Good luck boys!

Last week, we had jersey day to raise funds for two of our Year 6 boys Brock and Phoenix. Both boys are currently in Lismore competing at the Australian Little League Championship. We wish them the best of luck!

*Mr Richard Wales*  
*Sports Coordinator*

## Rugby League

Well done to the Stage 3 rugby league team who competed at the Classic Shield at Kanwal on Friday 11<sup>th</sup> June. The boys played hard and should be proud of the teamwork they displayed despite the outcomes of our two games.

I would like to say a big thank you to our parents and families who came along to support the students in the cold weather and getting them organised. Your participation on the day means more to the kids than they will admit, and I know they appreciate your support. It makes the day more special when you can share in their victories and be there for the losses. Thank you to the parents who helped me on the sidelines coaching the boys and running water.

Mrs Nelson



## School Swimming & Water Safety

**Program is coming in Term 3**

**The ten day program will run from Monday 9th August to Friday 20th August at Toukley Aquatic Centre.**

**The program is targeted for students in Years 2 - 3.**

**Further information will be sent home early in Term 3.**

**Notes will initially be sent home with students in Years 2-3. The program will be then be offered to Years 4-6 if numbers allow.**





## LMPS Soccer

Thursday 10<sup>th</sup> June saw Lake Munmorah Public School's soccer teams participate in a knockout gala day. The students had put in a great effort in training and were excited to get out there and represent our school.

The boys took on Budgewoi Public School in round one, with a nice performance, winning by 4-3. They had a great game and worked incredibly well as a team.

Their second game of the day was against Northlakes Public School where they won 5-4. By this stage the team was getting tired, but the confidence and team spirit was exceptional. One game to go.

The girls had a thrilling first game, coming back from 3-0 down in the first half to win 3-5 against Budgewoi Public School.

Their second game saw the girls knocked out of the competition by Gwandalan Public School with a 1-0 loss. The referee came to speak to the teachers about the exceptional spirit in which the girls played and how impressed he was with their attitude and teamwork.

Lake Munmorah's last game of the day saw the boys take on Warnervale Public School. After three consecutive games in the freezing cold, fatigue hit the boys hard and unfortunately, they went down. The Warnervale coach and the referee went out of their way to thank the boys and commend them on their efforts.

I would like to say a big thank you to our parents and families who came along to support the students in the awful weather and getting them organised. Your participation on the day means more to the kids than they will admit, and I know they appreciate your support. It makes the day more special when you can share in their victories and be there for the losses.

A big thank you to Ms Curtis and Mr Wales for coaching the girls, they were very lucky to have you!

Mrs McLeod



# PBL Awards - Term 2 Week 8



Class	Respect	Responsibility	Personal Best
KJ	Cheston	Pyper	Jace
KM	Edward	Jax	Lucas
K1/V	Aubrey	Jimmy	Sydney
K-6S			
1W	Kobe	Madison	Evie
1Z	Indi	Violet	Bodhi
2L	Aaliyah	Kai	Zane
2S			
2/3W	Braxton	Sonny	Grace
K-6B	Nicholas		Gaige
3C	Heath	Sienna	Piper
3L	Nixon	Axel	Tayden
4N	Maxx	Jariah	Taylah
4R	Seven	Onna	
K-6R		Ashton P	
5C	Henry	Nathan	Cooper
5K	Dylan	Emma	Emily
6J	Rubee	Teleisha	Summer
6W	Oliver	Maison	Cooper
Library		Rikki 3C	Jace KJ
RFF	Liam 2S Axel 3L	Charlotte KJ	Preston 5K Levi 4R Isabelle 1W
Wristbands	Heath 3C	Ashton P K-6R	

Help us turn  
**BREAD BAGS** into  
**SCHOOL PLAY  
EQUIPMENT**

**BREAD BAG  
COLLECTIONS  
CLOSING  
SOON!**

*It's simple...*

**1**

Collect your empty bread bags and tags



**2**

Bring them to the office and recycle in Wonder's pink collection box.  
(There is a separate box for bread tags)



**3**

Apply pre-paid shipping label to cartons and drop off at local Australia Post once cartons are full.



**LAST WEEKS!**

**BRING IN YOUR BAGS  
BEFORE JULY 16TH!**



Tag Wonder on social **#wonderrecycling** to share all your recycling champion stories!





## Mingara holiday chess comp 6 to 17 years

Minimum ability: Know how to move the pieces  
and complete games largely unassisted

**Monday 5 July**

**Enter by Saturday 3 July**

**Where:** Mingara Recreation Club  
Mingara Dve, Tumbi Umbi

**When:** Mon 5 July, 9.30am-4pm

**Trophies:** 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> plus age medals

**Format:** 7 rounds Swiss

**Time control:** 15 mins per player  
Clock lessons given

**Entry:** Enter by 3 July, fee \$10

Enter but withhold payment if waiting  
to hear of pre-ordered lunch options.

Please use player's family name as the  
online payment reference.

- Pay to account 637000 713 826 707 or
- By PayPal to my email address or
- Cash on the day

**Contact:** Gary Losh 0432 453 726 or  
[glosh6090@gmail.com](mailto:glosh6090@gmail.com)

**Non-profit:** Run by volunteers and with  
the generosity of Mingara Club.



## Lunch options

Mingara has a 'no outside food policy' but  
players may bring snacks such as water,  
fruit and health bars to see  
them through the day.

We are making some changes  
to avoid delays in service  
at the club's busy cafes.

For those not relying on snacks, there will  
be two ways to pre-order lunches so that  
players unaccompanied by a parent or  
guardian will not need to leave  
the playing area.

We are still sorting the details.

More info on entry.

Covid rules to be observed.

## Enter early

Possibly limited to 50 players

## Puzzle competition

Find the best moves and win prizes

Easier puzzles for U10

Practice puzzles will be emailed to you

**Rated by the NSWJCL**

Mingara chess  
0432 453 726

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Mingara chess



## NSW Health Mobile Dental Program



Brush your teeth  
morning and night



Eat more  
fruit and veggie



Chew sugar  
as a drink



Have a regular  
dental checkup

### NSW Health Primary School Dental Program

NSW Health is working with public primary schools to offer **free dental check-ups** and preventive care to students as part of a school-based mobile dental program. Your child's school has been selected to participate in this program.

The program involves a mobile dental team making scheduled visits to your child's primary school. During the first appointment a dental check-up and preventive care package will be provided, subject to parental consent.

**The program is scheduled to visit your child's school from 2/08/2021 to 27/08/2021.**

**Years K – 2                      02/08/2021 to 13/08/2021**

**Year 3 – 6                      16/08/2021 to 27/08/2021**

Parent Information and Consent Packs will be sent home before the end of Term 2, including information sheets, consent forms and the program privacy statement. Parents/guardians who want their child to receive care are advised to:

1. Read all the information provided
2. Carefully complete the consent forms
3. Return the consent forms to the school before the last day of Term 2

More information about the program is available on the NSW Health website:

<https://www.health.nsw.gov.au/oralhealth/primaryschool dental>.



From July 2019, children attending participating primary schools in The Central Coast will have access to free dental care through the NSW Health Primary School Mobile Dental Program.





# PEAL PROGRAM

## TERM 3 MINI WORKSHOPS

Attend one or  
all sessions  
The choice is  
yours!

21st July

### Do you have a fussy eater?

Learn some tips on fussy eaters, nutrition and encouraging healthy choices from Gosford Hospital's Dietician. Free reusable food pouch and snacks to take home.

28th July

### Promote Positive Behaviour

An emotional approach to positive parenting and learning some strategies to calm big emotions. Free resources to take home.

4th August

### Time out for Parents

Have a relaxing morning for yourself to make some body scrubs and dream-catchers to take home while your children are socialising in the onsite creche.

11th August

### Parents of teens, you have been demoted ! (10yrs+)

How to engage and communicate with tweens, reduce conflict and learn skills needed to teach them how to regulate emotions. Learn these strategies BEFORE the teen years !

18th August

### Time to Update your Resume ?

Learn how to create or update your resume, write a cover letter, interview tips, how to stand out from the crowd and where to look for work.

25th August

### Good Night, Sleep Tight !

Central Coast Health Family Care Cottage nurse will give some useful tips and answer all your questions for a great nights sleep for babies and children aged 0-5 yrs. Free storybook to take home.

**Where : Woodbury Park Community Centre**

**1 Woolmers Crescent, Mardi**

**Time: Wednesdays 10am - 12 noon**

**FREE Childcare Available**

For more information and registration please contact

Kerry Coorie 0407 224 604 email: [kcoorie@uniting.org](mailto:kcoorie@uniting.org)



**Uniting**



Health  
Central Coast  
Local Health District

**benevolent** SOCIETY

