



# Lake Munmorah Public School



Personal Best

## Principal's Report

What a great week we have had, celebrating NAIDOC Week.



Responsibility

Respect





Wishing everyone a safe and happy holiday. Keep yourselves safe and well and we will (hopefully) see everyone back for a fabulous Term 3.

Narelle Baldwin  
Principal





**LMPS Primary Athletics Carnival**  
**Mingara Regional Athletics Centre**  
**Term 3 Week 1**  
**Thursday 15th July**

**School Swimming & Water Safety  
Program is coming in Term 3**

The ten day program will run from Monday 9th August to Friday 20th August at Toukley Aquatic Centre.

The program is targeted for students in Years 2 - 3.

Further information will be sent home early in Term 3.

Notes will initially be sent home with students in Years 2-3. The program will be then be offered to Years 4-6 if numbers allow.



# PBL Awards - Term 2 Week 10



Class	Respect	Responsibility	Personal Best
KJ	Isaac	Nash	Charlie
KM	Luca	Benji	Logan
K1/V	Conrad	Rocky	Youseff
K-6S			
1W	Trey	Lily	Charlie
1Z	Amelia	Leo	Kyson
2L	Laiken & Kyden	Frazer & Cooper	Marcel & Lukia
2S	Jack	Beau	Baylee
2/3W	Arabella	Isabelle	Sheamus
K-6B			
3C	George	Jax	Rikki
3L	Ryder	Ivy	Pippa
4N	Miley	Jack	Jacklyn
4R	Taj	Stephen	Charlee
K-6R			
5C	Jack, Ziggy	Phoebe, Tayetum	Paige, Amelia
5K	Grace	Charlie	Chelsie
6J	Riley & Caelan	Mia & Dwayne	Sentulia & Gracie
6W	Cash & Baxter	Hunter & Katie	Mia
Library	Hayden 1Z		Anna 3L
RFF	Grace 2L	Madilyn 3C	Charlie KJ
Wristbands	Isabella 5K	Tayetum 5C Benji KM Jax 3C Ivy 3L	Paige & Amelia 5C Logan KM





*is coming soon to  
Lake Munmorah Public School*

CCS rebate available

Enrolments  
opening soon

Starting Term 3, 2021

From \$2.70 per session  
with maximum CCS rebate

**Opening hours & fees before rebate**

- on site at Lake Munmorah Public School
- healthy food and snacks provided
- first aid & child protection trained staff
- TASK is screen free
- fun & educational programs
- govt. approved provider

*Before School Care*

6:45am - 8:30am

- \$18 permanent - \$22 casual

*After School Care*

3pm - 6pm

- \$22 permanent - \$27 casual

email questions to:

[enrol@task-kids.com.au](mailto:enrol@task-kids.com.au)



THE—  
AFTER  
SCHOOL  
KLUB—

[task-kids.com.au](http://task-kids.com.au) 1300 827 500



COVID-19 restrictions will apply



**HEAL  
COUNTRY!**  
4-11 JULY 2021

# Central Coast NAiDOC Community Day

**Tuesday 6th July, 2021**

**10am to 3pm**

**The Entertainment Grounds,  
Gosford Racecourse**

- **Aboriginal Jobs Market**
- **Live Entertainment**
- **Free Lunch Provided**
- **Health Checks**
- **Community Stalls**
- **Kids Rides & much more!**

Come together with family, friends and community for a fun filled day to celebrate Aboriginal and Torres Strait Islander culture.



Complete all stations in Health precinct (you'll receive a free shirt on completion - age 16yrs and over only.)

**COVID-19 Restrictions:**

- QR Code & Temperature checks required at entry
- Social Distancing
- Face Masks may be required
- Hand hygiene
- Limited numbers for indoor areas apply
- Limited numbers into venue apply up to 2900 people

Any enquires contact Nunyara Aboriginal Health Unit on **4320 2698**



**Health**  
Central Coast  
Local Health District







OFFICE OF SPORT

# SCHOOL HOLIDAY CAMP

Get the kids off the lounge with a fun-filled day full of action and activities! Our day programs are a great way to keep the kids entertained, while they learn new skills and make life long friends.

## Camp details

- Camp 1:** \$702 per child  
**Camp 2:** \$410 per child  
**Type:** Residential camp  
**Ages:** 8-12 years  
**Activities:** Fully supervised  
**Inclusions:** All meals, accommodation, activities and ferry transfers

## Camp dates

### Camp 1

Monday 28 June to Friday 2 July

### Camp 2

Monday 5 July to Wednesday 7th July

### Seasonal activities may include::

Giant swing, rock climbing, flying fox, canoeing, kayaking, raft building, fishing, swimming, archery, basketball, boomerangs, tennis, bushwalking, cookout, campfires.



**Bookings 13 13 02**

Milson Island Sport and Recreation Centre  
Hawksbury River, accessible by boat only



## Mingara holiday chess comp 6 to 17 years

Minimum ability: Know how to move the pieces  
and complete games largely unassisted

**Monday 5 July**

**Enter by Saturday 3 July**

**Where:** Mingara Recreation Club  
Mingara Dve, Tumbi Umbi

**When:** Mon 5 July, 9.30am-4pm

**Trophies:** 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> plus age medals

**Format:** 7 rounds Swiss

**Time control:** 15 mins per player  
Clock lessons given

**Entry:** Enter by 3 July, fee \$10

Enter but withhold payment if waiting  
to hear of pre-ordered lunch options.

Please use player's family name as the  
online payment reference.

- Pay to account 637000 713 826 707 or
- By PayPal to my email address or
- Cash on the day

**Contact:** Gary Losh 0432 453 726 or  
[glosh6090@gmail.com](mailto:glosh6090@gmail.com)

**Non-profit:** Run by volunteers and with  
the generosity of Mingara Club.



## Lunch options

Mingara has a 'no outside food policy' but  
players may bring snacks such as water,  
fruit and health bars to see  
them through the day.

We are making some changes  
to avoid delays in service  
at the club's busy cafes.

For those not relying on snacks, there will  
be two ways to pre-order lunches so that  
players unaccompanied by a parent or  
guardian will not need to leave  
the playing area.

We are still sorting the details.

More info on entry.

Covid rules to be observed.

## Enter early

Possibly limited to 50 players

## Puzzle competition

Find the best moves and win prizes

Easier puzzles for U10

Practice puzzles will be emailed to you

**Rated by the NSWJCL**

Mingara chess  
0432 453 726

Mingara chess  
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Mingara chess





## NSW Health Mobile Dental Program



### NSW Health Primary School Dental Program

NSW Health is working with public primary schools to offer **free dental check-ups** and preventive care to students as part of a school-based mobile dental program. Your child's school has been selected to participate in this program.

The program involves a mobile dental team making scheduled visits to your child's primary school. During the first appointment a dental check-up and preventive care package will be provided, subject to parental consent.

**The program is scheduled to visit your child's school from 2/08/2021 to 27/08/2021.**

**Years K – 2                      02/08/2021 to 13/08/2021**

**Year 3 – 6                      16/08/2021 to 27/08/2021**

Parent Information and Consent Packs will be sent home before the end of Term 2, including information sheets, consent forms and the program privacy statement. Parents/guardians who want their child to receive care are advised to:

1. Read all the information provided
2. Carefully complete the consent forms
3. Return the consent forms to the school before the last day of Term 2

More information about the program is available on the NSW Health website:  
<https://www.health.nsw.gov.au/oralhealth/primaryschool dental>.



From July 2019, children attending participating primary schools in The Central Coast will have access to free dental care through the NSW Health Primary School Mobile Dental Program.



# PEAL PROGRAM

## TERM 3 MINI WORKSHOPS

Attend one or  
all sessions  
The choice is  
yours!

21st July

### Do you have a fussy eater?

Learn some tips on fussy eaters, nutrition and encouraging healthy choices from Gosford Hospital's Dietician. Free reusable food pouch and snacks to take home.

28th July

### Promote Positive Behaviour

An emotional approach to positive parenting and learning some strategies to calm big emotions. Free resources to take home.

4th August

### Time out for Parents

Have a relaxing morning for yourself to make some body scrubs and dream-catchers to take home while your children are socialising in the onsite creche.

11th August

### Parents of teens, you have been demoted ! (10yrs+)

How to engage and communicate with tweens, reduce conflict and learn skills needed to teach them how to regulate emotions. Learn these strategies BEFORE the teen years !

18th August

### Time to Update your Resume ?

Learn how to create or update your resume, write a cover letter, interview tips, how to stand out from the crowd and where to look for work.

25th August

### Good Night, Sleep Tight !

Central Coast Health Family Care Cottage nurse will give some useful tips and answer all your questions for a great nights sleep for babies and children aged 0-5 yrs. Free storybook to take home.

**Where :** Woodbury Park Community Centre

**1 Woolmers Crescent, Mardi**

**Time: Wednesdays 10am - 12 noon**

**FREE Childcare Available**

For more information and registration please contact

Kerry Coorie 0407 224 604 email: [kcoorie@uniting.org](mailto:kcoorie@uniting.org)



**Uniting**



Health  
Central Coast  
Local Health District

**benevolent** SOCIETY

