

**Personal Best** 

# Lake Munmorah Public School Term 1 Week 2



# Welcome Back!

We are looking forward to a fantastic 2021!













Responsibility

Respect

# We also welcomed the newest members of Lake Munmorah Public School.





# Welcome back to everyone!

We are looking forward to a fabulous 2021. I was so pleased to see students return rested and ready to learn. I have heard lots of adventures about holidays from the students. There was also a lot of excitement about catching up with friends and seeing who was in classes. We were able to put all students in their 2021 classes early on Friday morning, without having to have the holding pattern for too long. Well done to everyone for their organisation and flexibility.

# Classes for 2021:

**Kindergarten** will form 2021 classes on the 8th February. Teachers are Mrs Jardine-Harris, Mrs McLeod and Mrs van Buul.

1W—Miss Wall	<b>1Z</b> —Miss Zalasinski	<b>K/1V</b> —Mrs van Buul
2S—Mrs Stopps AP	<b>2L</b> – Miss Lawrence	3C—Miss Cookson
<b>3L</b> —Mr Law AP	4R—Mr Rowe	4N—Mrs Nelson
5C—Mrs Caban AP	5K—Miss Curtis	<b>6J</b> —Miss Jones
6W—Mr Wales	K-6S—Mrs Schweikert	K-6R—Mrs Radley
K-6B—Mrs Bates and Mrs Hughes	Early Intervention—Mrs Richardson	

Principal—Mrs Baldwin

Deputy Principal—Ms Weekes

Library—Mrs Treharne

**Support Staff**—Mrs Adamson, Mrs Trew, Miss Moore, Mrs Dyson-Smith, Mrs Robbers, Mrs MacDonald, Miss Dunbar, Miss Holland.

**School Learning Support Officers**— Mrs Fletcher, Mrs Ryder, Mrs M O'Connor, Mrs Payne, Mrs Davies, Mrs Siever, Ms Chapman, Mrs Dunn, Mrs C O'Connor, Mrs McKinnon, Miss Treharne, Miss Crooks, Miss Rae, Miss Segalla, Mrs Collis, Mrs Gilfoyle.

Office Staff—Ms Fisher, Ms Summerville, Mrs Beehag, Miss Fisher

# General Assistant—Mr King

Over the coming weeks I will place staff photos in the newsletters to help put faces to names.

# Parent Portal App

Please register for the new Parent Portal app. It will replace the DOJO system that has been in place. Similar to DOJO, parents can message the teacher, receive updates for classes and view photos and quality work samples. Teachers can send out information, contact parents and individualise information for each family. Notes and information regarding the new parent Portal was sent home earlier in the week. Please contact the school if you have not yet received your note.

# Information Session for Term One:

With the ever-changing restrictions regarding COVID, there will be no "meet and greet sessions" We have decided to send information to all families from class teachers. The notes will have all relevant information regarding sport days, library, excursions and relevant information for each class. This information will be sent home next week to all families.

**Parent /Teacher Interviews** will be held later in the term. If you would like to discuss your child with the class teacher, prior to these interviews, please call the school or use the new Parent Portal App.

# **Mobile Phones and Smart Watches**

All mobile phones need to be left at the front office. Students place their switched off phones in a marked envelope for safe keeping in the office. Smart Watches are not permitted on the school grounds. Please ensure these remain at home. This is to ensure student safety in regards to Cyber Safety and safe use of technology. Your cooperation, especially in the use of Smart watches is most appreciated.

# Scripture

Scripture will begin at school later in the term. Parents of Kindergarten students will receive a note to elect the preferred option for Scripture for 2021.

Thank you to everyone for the warm greetings and happy faces at the gate each morning . It is one of my favourite parts of the day. I am excited to start another wonderful year at Lake Munmorah Public School.

Kind regards

Narelle Baldwin Principal

# PBL News



Welcome back to Term 1 2021. This week classes have completed a lesson going over our school expectations as well as our classroom behaviour charts. They have reviewed how to ensure that they are Respectful, Responsible and do their Personal Best while in the classroom.

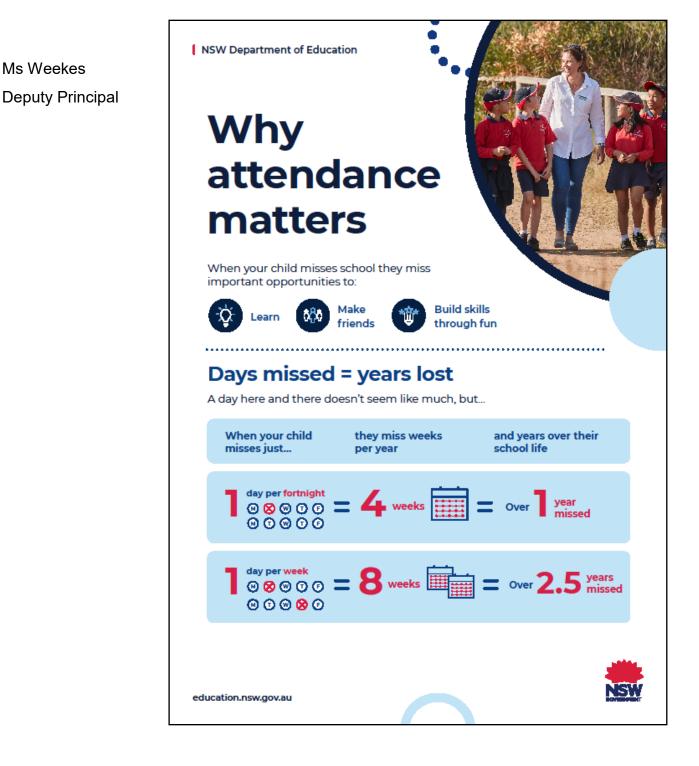
At LMPS we have a set of classroom behaviour expectations that tell us how students should behave. Every classroom has a set of behaviour charts that serve as a visual reminder to keep students on track with making positive behaviour choices in the classroom.

Respect	Responsibility	Personal Best
<ul> <li>Follow teacher instructions</li> </ul>	<ul> <li>Hands and feet to self</li> </ul>	<ul> <li>Be prepared and organised</li> </ul>
<ul> <li>Raise hand to speak</li> </ul>	<ul> <li>Care for school property</li> </ul>	Be involved
<ul> <li>Solve problems calmly</li> </ul>	<ul> <li>Report problems to the</li> </ul>	Do your best
<ul> <li>Friendly faces, friendly</li> </ul>	teacher	<ul> <li>Ask question and contribute</li> </ul>
words	<ul> <li>Accept consequences</li> </ul>	<ul> <li>Try to finish all tasks</li> </ul>
<ul> <li>Smart voice (1 or 2)</li> </ul>	<ul> <li>Use the toilet in break times</li> </ul>	



# Sentral Portal

By now you should have received a letter or email inviting you to the Sentral Portal for parents. Sentral Portal is the platform that our school will be using to communicate. The portal allows newsletters, calendar events, news items, digital reports and attendance registers to be shared. The portal also provides an avenue for direct messaging, previously conducted through Class Dojo. This direct messaging service should not be used to send information to students, such as afternoon departure arrangements, as it is not monitored during teaching time. Teachers will periodically monitor this direct messaging service during school hours where possible, such as during relief from face to face sessions. Please refrain from using this service to raise concerns or any issues you may need to discuss, alternatively, you may contact the school office to arrange a suitable meeting time with the classroom teacher. Thank you to those who have already downloaded this app as it will allow for a more cohesive and streamlined approach for sharing communication.



# PBL Awards - Term 1 Week 2



Class	Respect	Responsibility	<b>Personal Best</b>
KJ			
KM			
K1/V			
K-6S			
1W	Quinn	Evie	Jack
1Z	Jaycob	Kyson	Lulu
2L	Hunter	Kyden	Amelia
2\$	Fletcher	Riley	lvy
<mark>2</mark> /3W	Sonny	Arabella	Noah
2/ <mark>3</mark> W	Findlay	Isaac	Myles
K-6B	Gaige	Charlie	Oliver
3C	Halo	Ledger	Tiahna
3L	Bella	Archie	Cynthia
4N	Abigail	Lailah	Jackson
4R	Lily	Ayla	Seven
K-6R		Nicholas	Ashton
5K	Charlotte	Bella	Hunter
5C	Dylan	Jack	Kaprice
6J	Brock	Charlie	Matilda
6W	Riley	Lilly	Nathan
Library	Hope 4R	Rocky K/1V	
RFF	Paige 5C, Bella 5K Maddison 6J, Charlotte K/1V Liam 2S		Cooper 6W Stephen 4R



# Tailored before and after school experiences that children love.

# Dear Families,

We are excited to be partnering with your school to provide our *Your OSHC* service.

Your OSHC is Camp Australia's brand for our tailored experiences - Before School, After School and on Pupil Free Days - that aim to inspire your child and help them grow.

Our Your OSHC program is tailored to your child, driving curiosity and wonder, whilst creating a unique place where children can practice real-life skills in a fun, exciting environment that challenges them to succeed. Every program is varied, with experiences centred around STEM, Outdoor Play, Sports, Group Games and Imaginative Play – no two programs are the same!

# Experience Your OSHC

Register free and book

To attend Your OSHC, you first need to register your child and book. Even if you don't plan on experiencing Your OSHC right away, we recommend that all families register for free, so that if you ever need us, we have all the information and documentation we need to best care for your child.

To register and start booking, click the link below or download our Parent Portal app – available on the App Store and through Google Play.

# Download the Parent Portal app





Daughters and Dads Active and Empowered program is an award-winning evidence-based initiative, proven to enhance the physical and social-emotional well-being of girls, developed by the University of Newcastle, Australia. If you're a dad with primary school-aged\* daughter(s) this is for you. Your daughter will walk away feeling empowered with improved fundamental movement skills and you'll get one-on-one time doing dad-tested activities.

### ABOUT THE PROGRAM

Each week will involve a short theory session focusing on ways to build confidence, self-esteem and resilience in girls as well as a practical session with a focus on rough and tumble play, fitness and sport skills. The emphasis is on fun and the program caters for all physical activity and skill levels.

### EDUCATION SESSIONS

Dads learn the unique and powerful influence they have on their daughter and parenting strategies to encourage gender equity.

Daughters walk away feeling empowered against the culture of gender prejudice existing in many aspects of their lives, particularly regarding physical activity.

The education sessions focus on developing key social and emotional skills including:

- Self-control
   Resilience
- Persistence
   Self-reliance
- Critical thinking

## PRACTICAL SESSIONS

All the practical sessions involve instructor led activities where each dad will do all the activities with their own daughter/s.

The program focusses on foundations skills necessary for a range of sporting activities including:

- Kicking
- Catching
- Bouncing
- Striking and throwing

# EIGHT WEEK PROGRAM INCLUDES:

- Eight 90-minute weekly group sessions at 5:30pm 7:00pm starting Monday 8 February. Note: the first week of the program is for dads only, with their daughters joining them for the remaining seven sessions
- Practical sessions focus on rough and tumble play, sport, and fundamental movement skills
- Theory sessions focus on building confidence, self-esteem, and resilience in girls
- · Daughters and dads receive a program t-shirt and drink bottle

WHEN	PROGRAM TYPE	WHERE	соѕт
Monday evenings 8 February - 22 March 2021 5:30-7.00pm Final session Sunday 28 March		Point Wolstoncroft Sport and Recreation Centre Kanangra Drive Gwandalan NSW 2259	FREE

\*Participants should be at primary school or a minimum of five years old

Proudly funded by the NSW Government in association with The University of Newcastle

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sport.nsw.gov.au/daughtersdads



