

**Thursday 19th November 2015****Principals Report****Rotary Citizenship Awards**

Last night I had the pleasure of attending the Annual Rotary Young Citizenship Awards held at Budgewoi. Two of our students received awards for their ongoing contribution and input to not only their school but also to the broader Lake Munmorah community. I congratulate two of our Year 6 students, Harry Wetherall and Hayden Schmidt for being nominated and receiving citizenship awards last night. It really is the case that that we are in good hands when we can see the quality and caliber of many of the young people who received awards from across the Central Coast. They are remarkable young people who will be great leaders in tomorrow's society.

**Stage 3 Canberra Excursion**

The students returned last night very tired but very happy with the experiences they had enjoyed over the last few days in our nation's capital. These opportunities have such an impact on students with the memories of this experience being taken into their adult lives. I thank the children for their exceptional behavior and the way they worked so positively and cooperatively with the teachers. To our staff I say thank you so much for giving of your time to provide the children this fantastic experience. Our students are so lucky to have such dedicated and committed teachers who uphold the best interests of the students at all times. Thank you for your dedication.

**Band Program**

Next year it is our intention to commence a band program at the school. I have been in contact with the Central Coast Conservatorium and they are very keen to support the school in running a band program. This exciting initiative will provide your child the opportunity to learn one of the following band instruments – Flute, Clarinet, Saxophone, Trumpet, Trombone, Tuba or Drums. It also provides the opportunity for the students to be involved in mass band festivals with other schools around the Central Coast. In the next couple of weeks a parent information meeting will be held for interested families and an expression of interest will be issued to allow you to commence the sign up process for the band. So if you want to give your child the gift of music for a lifetime please come along and hear about this tremendous opportunity for your children. Date for this will be advertised shortly.

**Lake Munmorah Public School Out of School Hours (OoSH) Program**

The tender for this service will be published tomorrow. This will be followed up with a site visit with prospective service providers next Wednesday. With the large number of children potentially accessing the service we are anticipating considerable interest in the tender. Once the tender closes we will be selecting the best provider on the basis of specific criteria and recommend that they be approved by the regulatory body for these program. This will take about three months before we can announce who will be delivering the service. However, we feel very confident that the program will be in place by Term 2 next year. I will keep you informed of the progress of this matter.

**Community Satisfaction Survey**

To further assist our work in ensuring that we are offering the best possible service to our school community we are again asking that you complete a quick and easy survey about our school. It will only take you 5-7 minutes but the information you provide will be invaluable in assisting our planning and having some base line data to measure our effectiveness over the coming twelve months. The survey can be found at the following link:

<https://www.surveymonkey.com/r/CJQMYYQ>

Please take the time to offer your ideas about your school.

## Lockdown and Emergency Evacuation Procedures

Our school periodically practices lockdown and emergency evacuation procedures to ensure that the students and adults are well prepared for a real event. We take these practices very seriously and try to simulate such an event as much as possible. We don't advertise these practices broadly, for obvious reasons, so you might find yourself involved in one while on the school site. To assist you with this a safety briefing is available in the front office to explain the procedures and I encourage you to take one from the front counter when you sign in. Also if one occurs please look to staff for assistance if you are unsure what to do. Doing this will help us to keep you safe, particularly if there is a real event. I ask for your assistance in this regard.

## Primary Ethics

We are still looking for volunteers to become teachers and there is a non-teaching coordinator position. If you might be interested in being involved in our ethics program. I ask you to contact Ms Julie Bell, Regional Manager, Wyong LGA Primary Ethics Ltd Mob: 0415 697 109. Alternatively enter your details onto the Primary Ethics website under the becoming a teacher tab and that will be sent through to Julie. Full free training will be provided.

Mr Graham Holmes  
Principal



SILLY SOCKS  
4 SICK KIDS®

Helping sick kids get back on their feet

Event: Silly Socks Day  
Date: FRIDAY 20TH NOVEMBER  
Time: 9am - 3pm  
Location: Lake Munmorah Public School



For more information visit  
[www.rmhc.org.au](http://www.rmhc.org.au) or  
[www.facebook.com/RMHCAustralia](https://www.facebook.com/RMHCAustralia)



Royal  
Melbourne  
Hospital  
Charity  
Program

**TOMORROW !!!!!**

Silly Sock Day  
Friday  
20 November

Gold Coin Donation  
Wear Silly Socks with Full  
School Uniform

**Quality Workers/High Achievers This Week**

| <b>Student/s</b>  | <b>Class</b> | <b>Work Sample/s</b>   |
|---|--------------|--|
| Caprice Lockhart  | 5/8G         | Continuously answering questions and contributing to class learning.   |
| Gracie-May Rayner   | 3/4B         | Outstanding fact finding and writing on Volcanoes  |
| Tara Smider<br>Hannah Wiles<br>Matilda Bartlett<br><br>Imogen Maguire                   | 3/4R         | Amazing powerpoint presentations on Paris<br><br>Imogen for an awesome powerpoint on cats, bunnies and dolphins. |
| Domonic Onme<br>Corey Maskell   | K-6R         | Amazing super sentence on today's weather. Excellent work!   |
| Harper Allsop<br>Luca Nicholls<br>Emerson Hammond<br>Memphis Newman<br>Danni-May Botham | 2J           | Amazing recounts about the Rockpool Adventure incursion  |
| Xander Harris<br>Xander Harris<br>Jack Lott<br>David Borodin                            | K-6D         | Very interesting erosion experiment<br>Well written sentences describing echidnas                                |
| Whole Class   | 1MS          | Fantastic work on similies<br>They have also been learning how to make<br>Their own toys that work               |
| Reef Simpson<br>Tegan Wailes<br><br>Vasare Urbonaviciute<br>Darci Holbrook              | 1BT          | Excellent writing using spelling list words.<br><br>Super silly sentences  |
| Ella Letherbarrow<br>Tara Forde<br>Jordan Tangaroa                                      | 4C           | Extraordinary reading ability and switching<br>other students onto reading very<br>sophisticated books.          |
| Brayden Fenwick<br>Christopher Williams<br>Jesse Walker<br>Sophie Pearce<br>Layla Smith | 2KM          | Outstanding work on place value in Maths.  |

## Library News

- A big thank you to our P&C for purchasing 6 brand new iPads exclusively for use in our library. They will be a great tool for collaborative learning & inquiry based research.
- Visitors who attended Grandparents Day will remember Jessica Steens from Year 6 Playing her piano pieces at our assembly. This week she achieved a High Distinction in her piano exam at Newcastle Conservatorium.
- Nepal fundraiser – good news from our Nepalese contact! Our fundraising effort in term 3, which raised \$880 has already helped to rebuild the village school in which Mr Allan had been teaching. Five classrooms are almost completed & hopefully they are earthquake proof.
- Finally, after 27 years as teacher/librarian at Lake Munmorah School I have decided to retire at the end of this term. It is with a mixture of sadness & excitement that I've made this decision. I'm very proud of our library & the integral part it has played in the education of your children. I'll miss the smiling faces of our students & watching them grow (in varying degrees) as confident readers. I'll always cherish the camaraderie & dedication of our teachers & staff and the friendships with community members. I'm looking forward to taking some time to read "grown up books" & travelling with my husband. Perhaps even some coffee meetings with my Lake Munmorah friends. Thank you all for some wonderful memories & for a very happy & fulfilling career in public education.

Mrs Chris Knight  
Teacher/Librarian 1989 - 2015







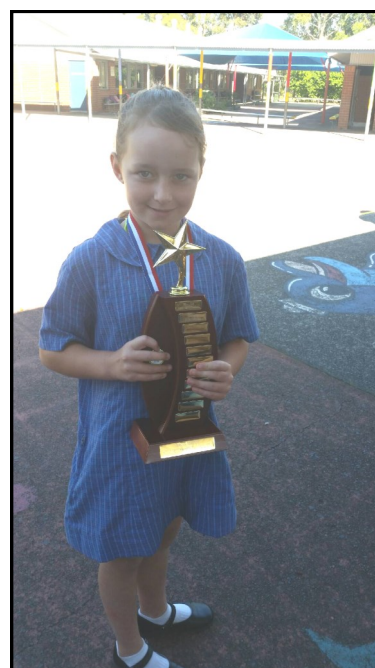
**Rotary Club of  
Northlakes Toukley  
Primary Citizenship  
Awards 2015**

Congratulations Harry and  
Hayden on your awards.

Well Done!

Brian Hilton  
Star of the Month Award

Another congratulations  
goes out to  
Christie Humphries  
our  
Star of the Month





## LAKE MUNMORAH PUBLIC SCHOOL

# Community Market and Fun Night

Well - Lake Munmorah bring your friends, bring your family and bring all your neighbours because Lake Munmorah Public School are hosting a family friendly Community Market and Fun Night on Thursday 26<sup>th</sup> November. We have already secured almost **50** stalls and activities for all the family. We are also having a Chocolate Wheel run by the Lion's Club. So kids start saving your pocket money and parents you can start your Christmas shopping as there is something for **EVERYONE**. **It will be a gold coin donation to enter.**



## SOME OF THE STALLS AND ACTIVITIES INCLUDE -

|                                |                    |                       |
|--------------------------------|--------------------|-----------------------|
| Ice Cream Van                  | Fairy Floss        | Beachwear Clothing    |
| Scentsy Candles                | Hand Knitted Items | Kids Clothing         |
| Giant Zorb Ball                | Floor Rugs         | Jewellery             |
| Beach Art & Candles            | Herbs & Spices     | Chocolates            |
| Cupcakes                       | Lollies & Treats   | Hair Accessories      |
| Traditional Lemonade & Popcorn | Handmade Tutu's    | Lead Light            |
| Sponge throwing                | Jumping Castle     | BBQ                   |
| Coffee Van                     | Art                | Novelties & Show Bags |
| Nutrimetics                    | Slushies           | Homewares             |
| Lions Club Chocolate Wheel     | Pizza Van          | Baby Clothes          |
| Lorraine Lee Linen             | Novelty Heat Bags  |                       |

*Plus so much more ...*



*Happy Pics  
Photography*

### Are you looking for something different for your Christmas Photo's this year ?

Well, you will be able to get a stunning professional Christmas themed photo taken at our market night by fabulous local photographers from Happy Pics Photography who are having a stall which will be in the school hall.



So, save the date and make it a fun filled night with family and friends. It is open to the wider Lake Munmorah Community however all children must be accompanied by an adult.

The Fun starts from 5pm and finishes at 8pm. Hope to see you all there !!!





## BOOK CLUB NEWS THE FINAL ISSUE FOR 2015

**Issue Number 8** catalogues are out this week, full of wonderful books and games and some fantastic bargains.

As well as getting a great book, your orders help us to purchase extra Literacy resources that are used across the whole school. Please think about ordering a book today. They also make great gifts and Christmas is just around the corner!

If you would like to place an order, please return the completed form and money to the school office in a marked envelope. Online payments are also available for your convenience.



To ensure books are back before the end of the year, **Issue 8 orders must be in by Friday 27<sup>th</sup> November.**



Thank You and Happy Reading  
Mrs Treharne



**GOTCHA ! AWARDS  
TERM 4, WEEK 6  
CONGRATULTIONS**

Kel Outlaw  
Summer Williams  
Hayley Clayton

Jesse



## **Expression of Interest:- Mannering Park Public School's P&C Canteen Supervisor Position**

### **Position Criteria**

- Trained, experienced canteen supervisor or willingness to undergo training at TAFE.
- Flexibility to work different hours to cater for school needs up to 15 hours per week paid position with voluntary hours. (Canteen will be open on Mondays to Fridays).
- Maintenance of confidentiality with a commitment to the school community.
- Good interpersonal skills with the ability to increase and maintain volunteer numbers to assist in the canteen throughout the year.
- Responsibility for ordering goods and overall organisation of the canteen. Regular liaison with the Canteen Convenor and P&C President and adherence to job description.

Contract will be for the 2016 school year, with the canteen committee and P&C Executive monitoring progress throughout the year.

Applications due Monday, 30 November 2015.

Apply in writing to  
CONFIDENTIAL: Canteen Supervisor Application  
Mannering Park PS  
PO Box 7286  
MANNERING PARK NSW 2259

**For further details contact Cheryl on 43591184**





Nutrition Snippet

## The simplest way

...to disguise vegetables.

Can't get the kids to go near the greens? Disguise is a great way to get them eating veg, without the protests!



Here's how:

**Grate vegies into meat dishes:** carrot, zucchini, capsicum and celery work well in bolognaise sauce, meat patties, meatballs, shepherd's pie and tacos.

**Add chopped vegies:** to quiches or omelettes – try mushroom, tomato, capsicum or zucchini.

**Blend vegies in to sauces:** puree sweet potato, pumpkin or cauliflower.

**Add extra vegies:** mushrooms, capsicum and pineapple are great on pizzas.

**Add in other root veg to mashed potato:** pumpkin and sweet potato are favourites.

For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
 or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)



SunSmart Snippet

## The simplest way

...to get your vitamin D!

Did you know:

- Our bodies make vitamin D when skin is exposed to sunlight?
- We need vitamin D as well as calcium to maintain good health, in particular to keep our bones and muscles fit and strong?
- Sun protection is required when UV levels are 3 and above?

Does sunscreen stop vitamin D?

- Sunscreen filters out most, but not all UV radiation.
- People who use sunscreen regularly (when UV levels are 3 and above) don't have lower vitamin D levels than people who do not use sunscreen.



To help keep your kids safe in the sun, check your schools SunSmart status by heading to [www.sunsmartnsw.com.au](http://www.sunsmartnsw.com.au)



Lions Club of Gwandalan Inc  
**Carols by the Lake**  
 13<sup>TH</sup> DECEMBER 2015



Gwandalan Foreshore Reserve.

By the Bowling Club

6pm to 9 pm.

The Toukley & Districts Art Society invites you to our

# Monster

## *Art & Craft Sale*

**DATE: 28<sup>th</sup> NOVEMBER 2015**

**TIME: 9.00am to 2.00pm**

**ADDRESS: The Federation Gallery  
Wallarah Road, Gorokan .. NSW 2263**



**Come and buy locally  
handmade Arts and Crafts,  
then have a nice cuppa, while enjoying  
the view!**

This will be the perfect time to buy the perfect  
gift for that special person in your life



**Stalls are available ☺**

**For more information and application  
forms contact: The Toukley Art Society**

**Telephone: (02) 4392-4666**

**Email: [info@toukleyartgallery.com.au](mailto:info@toukleyartgallery.com.au)**



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**Books BAS & Tax**

### Before school child minding

*Fun in a safe environment*

*Breakfast if needed*

*Your child gets safely to school on time*



*I have 2 children at Lake Munmorah public school*

*Approved Working with Children & National Police checks*

*Call Kathy to secure your spot for term 4*

**0416 090 593**

### Guitar Lessons for Beginners

Professional Musician,  
HSC Music Graduate

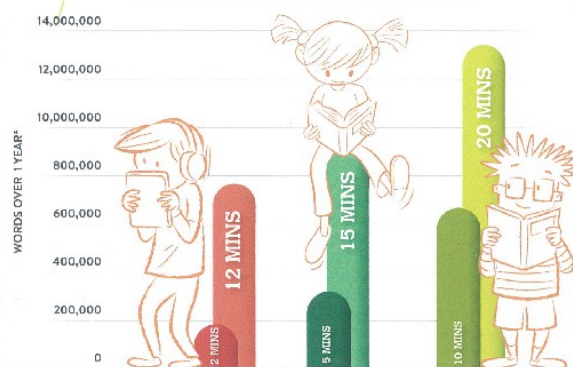
For ALL AGES

Lake Munmorah, 15\$ per Lesson

Contact Jared Styan 0467588327

### ADDING 10 MINUTES A DAY TO A CHILD'S READING MAKES A BIG DIFFERENCE OVER THE YEAR.

A COMPARISON OF YEAR 5 CHILDREN



#### DID YOU NOTICE?

THE MORE MINUTES CHILDREN READ PER DAY, THE MORE FLUENT THEIR READING BECOMES.  
FROM 5 MINUTES TO 15 MINUTES PER NIGHT THERE IS AROUND

**A 200% INCREASE IN WORD EXPOSURE OVER ONE YEAR!**

RESEARCH SHOWS US THAT THE BENEFITS OF READING MORE  
IMPROVE PERFORMANCE IN:

**GENERAL KNOWLEDGE, VOCABULARY,  
READING COMPREHENSION, VERBAL FLUENCY  
AND SPELLING.\*\***

\*\*Correlation with Standard 3.599B

**SCHOLASTIC**

Let's Raise Readers!

### iTutor LEARNING SYSTEMS

- Is your child struggling to keep up with Maths and/or Literacy?
- Would your child benefit from being challenged more?
- Are you finding it more and more difficult to help your child with his/her homework?
- Would you find a system for structuring your child's learning (K - 12) with ongoing tutoring useful?

**If you have answered YES to any of these questions, I would love to help you!**

The Tutor Learning System is professional educational software with tutor support for both students and their parents. Students can follow the programs at their own pace, building understanding and confidence as gaps in their learning are filled.

As a teacher and as a parent, I can highly endorse iTutor Learning Systems. If you would like to learn more, please contact me at the number below. I would be happy to visit your family, conduct an assessment with your children and show you how the iTutor Learning System could benefit your family.

**Christine Adamson**

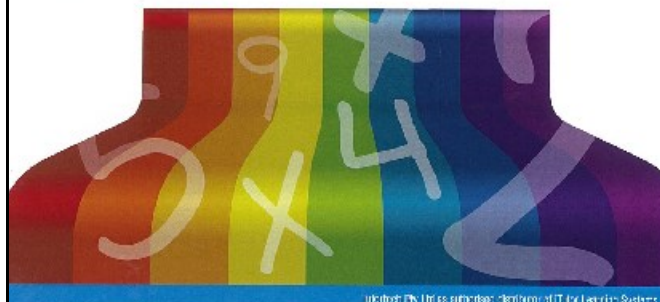
Tel: 0423 956 880

Email: christineadamson.au@gmail.com

**Book your appointment now!**

Date: \_\_\_\_\_

Time: \_\_\_\_\_



iTutor Learning Systems is a registered trademark of iTutor Learning Systems.

# School Diary

*Please stick me on your  
'fridge'*

| 2015 |    |    |    |    |    |    |
|------|----|----|----|----|----|----|
|      |    |    | 1  | 2  | 3  | 4  |
| 5    | 6  | 7  | 8  | 9  | 10 | 11 |
| 12   | 13 | 14 | 15 | 16 | 17 | 18 |
| 19   | 20 | 21 | 22 | 23 | 24 | 25 |
| 26   | 27 | 28 | 29 | 30 | 31 |    |

## TERM 4

### November

- 20 Silly Socks 4 Sick Kids Day - Gold Coin Donation**
- 24 ACCF Fundraiser \$1 Donation - Mufti Teal & White Day - Cake Stall**
- 25 11:00am Thank You Morning Tea**
- 26 5:00 - 8:00pm MARKET & FUN NIGHT**

### December

- 01 Stage 1 @ Alison Homestead Excursion**
- 03 9:30am - End of Year Presentation @ LMHS**  
**12:00pm - Year 6 Graduation**
- 04 Year 6 Luna Park Excursion**
- 07 Kinder - Year 5 Class Parties**
- 08 Year 5 SURF FUN DAY**
- 16 Last Day for Students**



#### LOST AND FOUND

A Mobility Parking permit has been handed in to the Office. If you've lost yours please contact us.



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Helen Mackinnon B.Pharm., B.Sc.(Hons), M.P.S.

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**East Coast Taekwondo Academy**

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FRIDAY: Junior 6:30 - 7:30pm  
Senior 7:30 - 8:30pm

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